



Non-Fiction

What is Non-Fiction?

Something true.

It is histories that have been lived and become taught once they are published.

Nonfiction includes plenty of subgenres like: history, self-help, memoirs, and biographies. This is such a big genre, so there will be a nonfiction book for anyone. Just one book can provide a reader with so much more information.

Quick History

Since nonfiction takes many forms, there have been piles and piles of nonfiction since the beginning of time.

Journals and records of ancient events are forms of nonfiction literature, so it's difficult to trace what the first nonfictional document would be.

However, the non-fiction novel is a subgenre considered to be a book that has a mix of both fiction and nonfiction. This first book that established this genre is considered to be Truman Capote's *In Cold Blood*. Though plenty of stories has influenced this one.

Nonfiction has been around forever, and will continue to stay in many different forms

Important Figures

- Anna Julia Cooper: American author and educator - *Voice from the South* and *Slavery and the French and Haitian Revolutionists*
- Mark Twain: American author - *Roughing it* and *Is Shakespeare Dead?*
- Michelle Obama: Former American first-lady - *Becoming* and *American Grown*
- Yuval Noah Harari: Israeli historian and professor - *21 Lessons for the 21st Century* and *Sapiens: A Brief History of Humankind*
- Joan Didion: American author - *The Year of Magical Thinking* and *After Henry*

Some Recommendations

- ***I am Malala* by Malala Yousafzai** - The autobiography about the life of Malala Yousafzai, the girl who fought for her education and got shot by the Taliban. This tells the tale of fighting for one's rights and overcoming struggle.
- ***Tiny Beautiful Things: Advice on Love and Life from Dear Sugar* by Cheryl Strayed** - A compilation of the advice that Dear Sugar (an advice column) gives to others who struggle. This book explores many different issues and different ways to approach anything from career to family to romance.
- ***The Life-Changing Magic of Tidying Up* by Marie Kondo** - A How-To guide on tidying up. Through diagrams Marie Kondo shows how to make the ultimate tidy space. However, this book is more than just that as it really teaches the value of things that "spark joy."
- ***The Warmth of Other Suns: The Epic Story of America's Great Migration* by Isabel Wilkerson** - A historic telling about 6 million people who immigrated to America. This focuses on three individuals and their struggles and stories. This story shares what it means and what it takes to be an immigrant.
- ***The Song Poet* by Kao Kalia Yang** - A memoir about the author's father, a Hmong song poet who gave up his talents to give his children the ideal American life. This story tells of his entire life. This memoir shares the sacrifices immigrants make and the horrors of war.